



Metals Creek moves forward with strong project portfolio, proven management.

Metals Creek Resources Corp. is a junior exploration company incorporated under the laws of the Province of Ontario, is a reporting issuer in Alberta, British Columbia and Ontario, and has its common shares listed for trading on the Exchange under the symbol "MEK". Metals Creek has earned a 50% interest in the Ogden Gold Property, including the former Naybob Gold mine, located 6 km south of Timmins, Ontario and has a 8 km strike length of the prolific Porcupine-Destor Fault (P-DF) that stretches between Timmins, Ontario and Val d'Or, Quebec. The Company has also recently entered into a JV with Benton Resources on Metals Creeks Staghorn Gold Project in Newfoundland. Metals Creek has also recently made a new gold/silver discovery in the "White Gold District" on the Squid East project in the Yukon and is also engaged in the identification, acquisition, exploration and development of other mineral resource properties, and presently has mining interests in Ontario, Yukon and Newfoundland and Labrador.

Stock Info:

(as of August 2, 2016)

Symbol: **TSX-V:MEK**

Issued & Outstanding: 31,256,269

Share Price: **\$0.11**

Market Cap: **\$3.4 Million**

Ogden Gold Project, Timmins Ontario

Metals Creek is currently exploring its flagship Ogden Property, which has over 8km of strike length along the prolific Porcupine-Destor Break, the key conduit for gold mineralization in the Timmins Camp. The Ogden property was acquired in November, 2008. Since then, Metals Creek have earned a 50% interest in the property. Metals Creek and Goldcorp (PJV) have now formed a 50/50 joint venture with Metals Creek being the operator.

The Timmins camp is one of the largest gold camps in the world with production in excess of 70 million ounces of gold and counting. Metals Creek Resources (TSX-V: MEK) is strategically located within this prolific mining camp between Lakeshore Gold's West Timmins mine and Goldcorp's Mine and Mill complex.

The past producing Naybob Mine is located on the eastern portion of the property and had gold production of 50,731 ounces and has a historic non 43-101 compliant resource of one million tonnes grading 4.12g/t Au.

Gold production to the east of MEK's Ogden Project has exceeded 22 million ounces from a number of mines including Metals Creeks Partner, Goldcorp's Dome Mine, which has produced nearly 17 million oz and is situated 8km east along the break. Five additional past producers occur along the Porcupine-Destor between the Dome Mine and the Ogden Property, which have seen past production ranging between 920,000 ounces to 2,502,000 ounces from each separate mine. Since acquisition, MEK has carried out over 20,000 meters of diamond drilling on four main mineralized zones. Recent highlights from drilling at the Thomas Ogden Zone include intercepts of 210.19 g/t Au over 12.53m incl. 2732 g/t Au over 0.93m with significant visible gold and 9.46 g/t Au over 18.55m from near surface, porphyry style mineralization. Near surface drill intercepts

from the Naybob South Zone include 9.24g/t Au over 6.61m.

The company's plans for the Ogden Property include updating the geological model for the Thomas Ogden Zone based on recently drilled holes and drilling additional holes on the Thomas Ogden Zone to further evaluate the shallow plunging gold structure.

Below is a table of some significant results

Drill Hole	Total Meters	g/t Gold
TOG 11-11	94.00	1.94
TOG 12-03	27.50	1.14
and	23.30	5.73
TOG 12-05	43.70	2.34
including	15.00	5.04
TOG 12-06	16.27	5.83
TOG 12-07	18.55	8.62
including	6.65	21.60
and	11.75	1.11
and	26.92	1.89
including	6.62	5.81
TOG 12-08	47.00	1.94
and	17.00	3.75
including	3.00	17.49
TOG 12-09	24.86	1.11
including	4.54	3.10
and	2.32	3.11
TOG 13-27	5.00	0.87
and	9.00	2.49
and	9.00	49.96
including	1.00	434.77
and	19.00	0.60
TOG 13-24	11.4	3.91
including	3	8.7
and	7.6	1.01
and	20.8	1.32
TOG 13-25	12.53	210.19
including	0.93	2732.64

Yukon

Metals Creek has recently made an exciting new Gold/Silver Discovery in the White Gold District in the Yukon. We have acquired through staking, 212 claim units in four separate blocks in the Dawson Range gold district. Three of the claim blocks are located in the Matson Creek area and the fourth block is located west of the Yukon River, 40 km north of Kinross Gold's White Gold property. The claims were staked to cover a number of gold geochemical anomalies, interpreted to be

underlain by favorable geology similar to that hosting the recently discovered gold deposits in the White Gold area.

In July of 2011, the company initiated an exploration program consisting of prospecting and soil sampling resulting in the discovery of a prospective soil anomaly on its Squid East property. 2012 saw additional infill soil sampling resulting in the identification of a strong gold in soil anomaly and 2013 saw the initiation of a trenching program resulting in the discovery of the exploits zone with assays including 1.96 g/t Au, 160 g/t Ag and 0.35% Pb over 22m.

Results from the first and only 400m drill program include 1.55 g/t Au and 114 g/t Ag over 21.0m. MEK has recently conducted some preliminary bottle roll testing to evaluate the leaching characteristics of the weathered gold bearing material. 92% Gold and 81.75% Silver recovery was achieved. The material is Oxidized.

Flint Lake

Metals Creek currently holds a 78% interest in its Flint Lake Property which lies within the Kenora Mining district and located approximately 55km southeast of the city of Kenora in Northwestern Ontario.

The property is host to numerous gold occurrences which have seen little or no exploration in the past few years. This portion of the Wabigoon greenstone belt is an emerging gold camp with exciting drill intercepts coming from Rainy River Resources. Chalace Gold recently purchased the Cameron Lake Deposit.

Of particular note on this property is the company's Stevens Lake claim block which is host to several areas of gold mineralization within a granodiorite plug. Mineralization consists of pyrite with associated moderate to strong carbonatization within what is interpreted to be north-south structures coming off the Cameron pipestone fault

Mechanized stripping was performed during the summer and fall of 2012. Results include 1.43 g/t gold over 21m and 1.42 g/t gold over 10m, both coming from D-Zone and a second zone of gold mineralization to the northwest returning a channel cut of 1.03 g/t gold over 20m. All results were from surface channel cuts at Stevens Lake.

This project is currently part of an option joint venture agreement in which MEK currently holds a 78% interest and Endurance Gold (EDG) holds a 22% interest.

Staghorn Gold

The Staghorn Property is in western Newfoundland.

The Main Zone – (South Wood Lake Zone) has been trenched over a 35 m by 75 meter area with grabs up to 65 gpt Au. A 13 hole program was completed, by MEK, within the Woods Lake zone resulting in the zone being trace for over 550m in length.

Highlights of this program included 1.37 g/t Au over 26.31m. The most eastern hole drilled returned an assay of 2.146 g/t gold over 12.6m.

During the summer / fall of 2014, MEK discovered a high grade gold bearing, granitic boulder train along the Cape Ray / Victoria Lake Fault Zone on the Staghorn property. The regional fault zone hosts a number of gold deposits including Marathon Gold's Valentine Lake deposit, located 30 km to the northeast and Benton's Cape Ray gold deposits approximately 100km to the southwest. The Staghorn Gold Property covers a 29 km strike length of the mineralized trend.

The boulders are described as angular to sub-angular, and consist of altered and foliated granite containing variable amounts of pyrite and arsenopyrite. A total of 30 samples were collected from the numerous boulders which varied in size from 0.10 to 0.75 meters and have been traced over a 175 meter length. Assay results ranged from 11 parts per billion gold (ppb Au) to 32,152 ppb Au likely to represent average grades on the property.

In November 2014, Metals Creek entered into an Option agreement with Benton Resources whereas Benton can earn up to a 70% interest in the Staghorn Gold Project.

Metals Creek Management

Sandy Stares, President & CEO

Mr. Alexander (Sandy) Stares has in excess of 19 years experience in mineral exploration, spanning a variety of Canadian geological terrain, from Newfoundland to Northern Manitoba. Mr. Stares was one of the recipients of the PDAC "Bill Dennis Prospector of the Year" Award in March 2007.

Michael MacIsaac, P.Geo., VP Exploration

Mr. MacIsaac brings to Metals Creek Resources over 30 years of exploration and management experience. Mr. MacIsaac's vast experience entails both grass roots and advanced projects across Canada in gold, base metal and PGE environments.

Nikolaos (Nick) S. Tsimidis, CFO & Director

Mr. Tsimidis has been a sole proprietor chartered accountant since 1993, and has extensive experience in the public markets. Since February 2005, Mr. Tsimidis has served as CFO of First Canadian Capital Markets, a limited market dealer.

Wayne Reid, P.Geo., Director

Mr. Reid has in excess of 30 years experience in exploration and mining geology, spanning a variety of Canadian geological terrain, from Newfoundland to Northern B.C. and Alaska.

Michael Stares, Director

Mr. Stares has been a successful entrepreneur owning 50% of Stares Contracting Corp. Also a recipient of the "Bill Dennis Prospector of the Year" award at the 2007 PDAC.

Pat Mohan, Director

Mr. Mohan is President and CEO of the Mohan Group. Mr. Mohan has worked in the marketing, advertising and promotions field for over 20 years. Mr. Mohan was also a director with Trelawney Mining and Exploration Inc.

Malvin Spooner, Director

Mr. Spooner has over 25+ years in the Canadian financial services industry, he grew his fund management business to a peak of \$750 million. Malvin built a unique solid franchise raising and investing in junior minor exploration companies.

Lorne Woods, Director

Mr. Woods is currently President and Chief Executive Officer of Sunset Cove Mining, in which he established and is listed on the TSX Venture Exchange. His expertise is maintaining strong communication with management, shareholders and investment bankers.

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